

# AURORA

SPA — BATHHOUSE



KAMALAYA  
KOH SAMUI







## EXPERIENCE THE ESSENCE OF KAMALAYA AT AURORA SPA & BATHHOUSE

Where ancient wisdom meets modern wellness, Kamalaya—meaning “Lotus Realm” in Sanskrit—introduces its transformative approach to Aurora Spa & Bathhouse. This year marks the 20th anniversary of Kamalaya Wellness Sanctuary Koh Samui, Thailand – a sanctuary founded with a vision of creating space for profound healing, rejuvenation and nurturing. Kamalaya seamlessly integrates ancient Eastern traditions with modern science and over the years, it has grown into a globally recognised haven for transformative wellness – winning over 80 prestigious awards.

Choose from a one-day reset or a three-day immersive retreat—both are designed to support a profound shift in mindset and daily rituals.

Within the sanctuary of Aurora Spa & Bathhouse, you are invited to pause, reconnect, and embrace true inner transformation.

Your journey begins here.



# RENEWAL

A ONE-DAY IMMERSION TO RESET, RESTORE, AND RETURN TO SELF

FRIDAY OCTOBER 17

## FRIDAY

9:00am	Check in at Aurora Spa for arrival consultation
9:30am	Welcome
9:45am	Yoga
10:45am	Morning Tea
11:15am	2 hr Wellness Workshop
1:30pm	Lunch
2:30pm	1.5 hr Bathhouse Ritual
4:00pm	Farewell/Departure
4:15pm	Optional Treatments / Float Therapy / Mentoring Sessions